

**My Experience with East Durham Partnership's CRATE (CRT funded project):**

Name: Ryan Brown  
Status: NVQ Trainee



**Testimonials:**

*I have been on incapacity benefits for almost six years. During this time, I lost all my confidence and I never saw myself coming out of depressions. In the past, I had served as a postman, in the army and involved in other side works. I have to admit that I am very fortunate to be linked with East Durham Partnership's Community Reuse and Training Enterprise (CRATE) which gave me a life changing opportunity. I am now enrolled on a Warehousing and Team Leader courses (NVQII) at Horden base since May 2006. I am starting to regain my lost confidence. I am now acting as a supervisor, getting involved in stock control, collections/deliveries and customer dealings. The best thing ever happened to me. I also get paid while I am doing these trainings. Although the money is not much difference than being on benefits, I feel very proud now that I am getting paid for the work I do. I work from Monday to Friday 8 Am to 4.30 PM. lastly, it is also rewarding when I see helping other disadvantaged and people on low income by supplying them with much needed fully refurbished furniture, white goods and other household items.*

Thanks,  
Ryan Brown