

COVID-19 SESSION GUIDANCE

What to expect and our new session rules

Before and after the session

**BOOKING
REQUIRED**

Pre-book

Each session will have a maximum group size of 30 (28 young people + plus 2 coaches). To manage numbers participants need to book their place at the session on our website. Booking closes 1 hour before a session starts.



Travel safely

Please follow best practice for travel including minimising use of public transport. If possible walk or cycle. People from a household or support bubble can travel together in a vehicle.



Symptom checks

Before attending you should check for any Covid-19 symptoms. If you have any symptoms or are living in a household with possible or actual Covid-19 infection you must not participate or attend.



Arrive in kit

Unless absolutely necessary, participants should arrive ready for the session and take their kit home and wash it themselves, or by family members.

At the Session

Please bring your own hand sanitiser and water



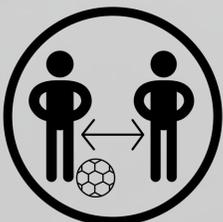
Listen to our safety briefing

At the start of each session our coaches will conduct a briefing to participants to explain the new rules and expectations.



Regularly wash hands

Participants and coaches are encouraged to sanitise hands before, after and during breaks in the session.



Socially distance

Competitive match play is permitted, however on arrival, during any breaks in play and at the end of our sessions, social distancing (1m+) must be practised at all times.



Equipment and drinks

Ball handling should be avoided with most contact via a boot. Sharing kit and equipment is not permitted. Participants should bring their own drinks or refreshments, in named containers.



No shouting or spitting

Spitting at the session is not permitted and participants should try and avoid goal celebrations and shouting while facing one another.



Follow our respect code

All participants need to adhere to our Game On England Respect Code. Failure to do so will not be tolerated.



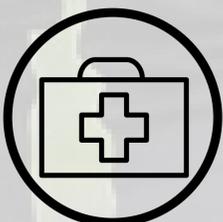
Follow facility guidance

During toilet breaks and when arriving and leaving the facility participants need to follow the measures that the facility has put in place.



Limited spectators

Parents/guardians of participants can stay and watch the session, but this is strictly limited to six people per session, based on a first come, first served basis, and social distancing measures must be practised at all times.



Amended first aid procedure

We are following FA guidance. If a player gets injured, they will need to be treated at a social distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care until the ambulance arrives.



Cleaning

Each coach has a cleaning kit and will be cleaning equipment (balls, cones etc) before, during breaks and after each session.